

Are you looking for a tool to help you stay focused on your prayer life this Advent season?

I want to recommend the Hallow app. After I went through SEEL in 2020, I was looking for something to help pull me back to the contemplative life daily. After a lot of trials with other apps and countless daily devotionals in my email box, I found Hallow. I use it constantly. I start the day with guided rosary. My commute is spent practicing lectio divina with the daily gospel reading. Beautiful chants and other music-made richer by a diverse array of advent and Christmas music-deepen my day. I can choose a 5-, 10-, or 15-minute examen at the end of the day. Books of saints and other topics are offered in 15-minute-a-day segments. Hallow is a deep well, to be sure! Find me at the Advent Fair where I'll have more information about Hallow and other prayer tools. Also, tell me what apps help you grow in God.

Let every heart prepare Him room!

-Heather Paez